

## Basis Weight Comparison Table

Many US weights are interchangeable... here is a list of the most common ones.

Text	Text/Book (25 x 38)	Writing/Bond (17 x 22)	Cover (20 x 26)	Bristol (22.5 x 28.5)	Index (25.5 x 30.5)	Tag (24 x 36)	Metric GSM
	30	12	16	20	25	27	44
	40	16	22	27	33	36	59
	45	18	25	30	37	41	67
	50	20	27	34	41	45	74
	60	24	33	40	49	55	89
	70	28	38	47	57	64	104
	80	31	44	54	65	73	118
	90	35	49	60	74	82	133
	100	39	55	67	82	91	148
	120	47	66	80	98	109	178

Writing	Text/Book (25 x 38)	Writing/Bond (17 x 22)	Cover (20 x 26)	Bristol (22.5 x 28.5)	Index (25.5 x 30.5)	Tag (24 x 36)	Metric GSM
	33	13	18	22	27	30	49
	41	16	22	27	33	37	61
	51	20	28	34	42	46	75
	55	24	33	41	50	56	90
	71	28	39	48	58	64	105
	81	32	45	55	67	74	120
	91	36	50	62	75	83	135
	102	40	56	69	83	93	151

Cover	Text/Book (25 x 38)	Writing/Bond (17 x 22)	Cover (20 x 26)	Bristol (22.5 x 28.5)	Index (25.5 x 30.5)	Tag (24 x 36)	Metric GSM
	91	36	50	62	75	82	135
	110	43	60	74	90	100	163
	119	47	65	80	97	108	176
	146	58	80	99	120	134	216
	164	65	90	111	135	149	243
	183	72	100	124	150	166	271

<b>Bristol</b>	<b>Text/Book</b> (25 x 38)	<b>Writing/Bond</b> (17 x 22)	<b>Cover</b> (20 x 26)	<b>Bristol</b> (22.5 x 28.5)	<b>Index</b> (25.5 x 30.5)	<b>Tag</b> (24 x 36)	<b>Metric</b> GSM
	100	39	55	67	81	91	148
	120	47	65	80	98	109	178
	148	58	80	100	121	135	219
	176	70	97	120	146	162	261
	207	82	114	140	170	189	306
	237	93	130	160	194	216	351

<b>Index</b>	<b>Text/Book</b> (25 x 38)	<b>Writing/Bond</b> (17 x 22)	<b>Cover</b> (20 x 26)	<b>Bristol</b> (22.5 x 28.5)	<b>Index</b> (25.5 x 30.5)	<b>Tag</b> (24 x 36)	<b>Metric</b> GSM
	110	43	60	74	90	100	163
	135	53	74	91	110	122	199
	170	67	93	115	140	156	252
	208	82	114	140	170	189	328

<b>Tag</b>	<b>Text/Book</b> (25 x 38)	<b>Writing/Bond</b> (17 x 22)	<b>Cover</b> (20 x 26)	<b>Bristol</b> (22.5 x 28.5)	<b>Index</b> (25.5 x 30.5)	<b>Tag</b> (24 x 36)	<b>Metric</b> GSM
	110	43	60	74	90	100	163
	137	54	75	93	112	125	203
	165	65	90	111	135	150	244
	192	76	105	130	158	175	284
	220	87	120	148	180	200	326
	275	109	151	186	225	250	407

We also have a conversion calculator metric/lbs in the Resource section on our web site.  
<http://www.paperspecs.com/resources/conversion/index.htm>